

COURSE SYLLABUS

COURSE: INVISIBLE WOUNDS. MARGINALITY AND HEALTH IN THE MIGRANT CONDITION

COURSE INFORMATION

Program	Empowering Community Engagement: Soft Skills Micro-Courses for Students and Staff
University	University of Calabria
Department	Culture, Educazione e Società - DICES
Course name	Ferite invisibili. Marginalità e salute nella condizione migrante Invisible Wounds. Marginality and Health in the Migrant Condition
Course code	ECE2_11
Credits/hours	2 hours
Language of instruction	Italian
Target audience	Students, faculty, staff
Course dates	held on Nov 26, 2025
Course schedule	11.00 - 13.00
Course coordinator	Prof.ssa Emanuela Pascuzzi
Course instructor	Luca Mannarino, Emilia Corea, Gaetano Marchese, AltraMarea e l'Equipe Multidisciplinare Sopravvissuti alla Tortura
Contact details	emanuela.pascuzzi@unical.it

SHORT DESCRIPTION

This 2-hour micro-course explores health inequalities affecting migrants in the Calabrian context through a Challenge-Based Learning (CBL) approach. In collaboration with AltraMarea and the Multidisciplinary Team for Survivors of Torture, students analyse structural barriers to healthcare access and the impact of marginality on wellbeing. Through a short theoretical framing, stakeholder testimonies, and guided group work, participants co-design small-scale, community-based strategies aimed at fostering inclusion, dignity, and equitable access to care.

LEARNING OUTCOMES

By the end of the course, students will be able to:

Knowledge

- Identify key social determinants influencing migrant health and access to services.
- Recognise the role of local actors and community networks in addressing health inequalities.

Skills

- Analyse a concrete local challenge related to migrant wellbeing and access to care.
- Collaboratively propose feasible, community-based strategies to promote inclusion and support.

Civic & Reflective Competence

- Reflect on dignity, rights, and collective responsibility in fostering inclusive and equitable communities.
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COURSE CONTENTS

1. Migration and health inequalities in the local context
2. Structural barriers to healthcare access and wellbeing
3. The role of AltraMarea and the Multidisciplinary Team in community support
4. Introduction to a simplified Challenge-Based Learning cycle
5. Co-design of small-scale, community-oriented inclusion strategies

TEACHING METHODOLOGY-

The course adopts a simplified Challenge-Based Learning (CBL) approach fully achievable within a 2-hour session. The session begins with a concise introduction to migration, health inequalities, and territorial welfare challenges in Calabria.

Stakeholder testimonies provide direct insight into lived experiences and community-based responses to marginality and trauma.

1. Students then engage in guided small-group work structured around three steps:
2. Identifying barriers to healthcare access and social inclusion.
3. Analysing their impact on migrant wellbeing.
4. Designing realistic, small-scale strategies that strengthen community engagement and inclusive care pathways.

The course concludes with a collective restitution and reflection on civic responsibility, dignity, and social cohesion.

Activities

	Activity	Duration
1	Introductory lecture by the course instructor, framing the theme and presenting key concepts	20 mins
2	Expert testimony and thematic in-depth contribution (done by stakeholder, organisation, field professional)	30 mins
3	Challenge-Based Learning activity (problem framing, small-group discussion, collaborative exploration)	40 mins
4	Restitution and collective discussion	20 mins
5	Q&A session with the audience	10 mins

ASSESSMENT AND GRADING

Assessment type	Assessment criteria	Overall weight
Self-assessment	Students are invited to reflect individually and collectively on their learning experience during the course.	100%



No formal grading tools or evaluation grids are used, in line with the short duration of the course and its experiential and participatory learning approach.

STUDENT WORKLOAD (in hours)

Contact hours	Independent learning	Overall
2	0	2

READING LIST / RELEVANT REFERENCES

Bertotto, M., Perocco, F., and Santone G. (2025) A new birth in Italy: Founding of the Support Network for Survivors of Torture. *Torture*, 35(1), 71-73. Online [here](#).

ReSST - Rete italiana per il Supporto alle persone Sopravvissute a Tortura (2025), Rapporto annuale 2025. Online [here](#)

United Nations (1984). *Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment*. Available [here](#).