

# COURSE SYLLABUS

## COURSE: EU PEACE CHALLENGE-BASED LEARNING COURSE ON CRITICAL THINKING DEVELOPMENT

### COURSE INFORMATION

<b>Program</b>	Empowering Community Engagement: Soft Skills Micro-Courses for Students and Staff
<b>University</b>	University of Calabria
<b>Department</b>	Culture, Educazione e Società - DICES
<b>Course name</b>	Cambiare abitudini, cambiare il mondo: la sfida del guardaroba responsabile   Changing Habits, Changing the World: The Challenge of a Responsible Wardrobe
<b>Course code</b>	ECE2.13
<b>Credits/hours</b>	2 hours
<b>Language of instruction</b>	Italian
<b>Target audience</b>	Students, faculty, staff
<b>Course dates</b>	held on Oct 23, 2025
<b>Course schedule</b>	9.00 - 11.00 am
<b>Course coordinator</b>	Prof.ssa Emanuela Pascuzzi
<b>Course instructor</b>	Laura Lombardo from <a href="#">Munnizza Social Club</a>
<b>Contact details</b>	<a href="mailto:emanuela.pascuzzi@unical.it">emanuela.pascuzzi@unical.it</a>

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## SHORT DESCRIPTION

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This 2-hour micro-course explores responsible consumption and the impact of fast fashion through a Challenge-Based Learning (CBL) approach connected to local and global community realities. In collaboration with Munnizza Social Club, students analyse how everyday consumption habits influence environmental sustainability and social justice. Through a short theoretical framing, participatory label analysis, and guided group work, participants co-design small-scale actions that promote responsible consumption and strengthen community awareness and engagement.

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## LEARNING OUTCOMES

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By the end of the course, students will be able to:

### Knowledge

- Identify the environmental and social impacts of fast fashion.
- Recognise the connection between individual consumption habits and community well-being.

### Skills

- Analyse a concrete example of unsustainable consumption using simple supply-chain investigation.
- Collaboratively propose feasible actions promoting responsible consumption within their community.

### Civic & Reflective Competence

- Reflect on personal responsibility and the role of citizens in fostering sustainable and socially aware communities.
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## COURSE CONTENTS

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1. Fast fashion and its environmental and social impact
2. Community implications of consumption habits
3. Introduction to a simplified Challenge-Based Learning cycle
4. Label analysis as a tool to reveal supply chains
5. Co-design of small-scale actions promoting responsible consumption and community awareness

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## TEACHING METHODOLOGY-

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The course adopts a simplified Challenge-Based Learning (CBL) approach fully achievable within a 2-hour session. The session begins with a concise introduction to fast fashion and its social and environmental implications, directly linked to community responsibility and sustainable citizenship. A participatory activity based on label analysis allows students to explore the “invisible geography” of fashion and connect global production to local consumption.

Students then engage in guided small-group work structured around three steps:

1. Identifying problems linked to unsustainable consumption.
2. Analysing their impact on communities.
3. Designing realistic, small-scale actions that promote responsible habits and community awareness.

The course concludes with a short restitution and reflection on how individual behavioural change can contribute to broader community engagement and social responsibility.

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### Type of activity and time dedicated.

	Activity	Duration
1	Introductory lecture by the course instructor, framing the theme and presenting key concepts	20 mins
2	Expert testimony and thematic in-depth contribution (done by stakeholder, organisation, field professional)	30 mins
3	Challenge-Based Learning activity (problem framing, small-group discussion, collaborative exploration)	40 mins
4	Restitution and collective discussion	20 mins
5	Q&A session with the audience	10 mins

**Total duration 120 minutes (2 hours)**

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## ASSESSMENT AND GRADING

Assessment type	Assessment criteria	Overall weight
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Self-assessment	<p>Students are invited to reflect individually and collectively on their learning experience during the course.</p> <p>No formal grading tools or evaluation grids are used, in line with the short duration of the course and its experiential and participatory learning approach.</p>	100%
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#### STUDENT WORKLOAD (in hours)

Contact hours	Independent learning	Overall
2	0	2

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#### READING LIST / RELEVANT REFERENCES

Greenpeace Italia. (2024). *Moda in viaggio. Il costo nascosto dei resi online: i mille giri del fast fashion che inquina il pianeta*. Online here: <https://www.greenpeace.org/static/planet4-italy-stateless/2024/02/d25c1da6-inchiesta-report-1.pdf>

*JUNK – Armadi Pieni*. Documentary video series on fast fashion and responsible consumption. YouTube playlist. Available [here](#).